

SeniorVlog

Inspiring and Empowering Seniors to become Vloggers and conquer the Internet

Being a vlogger







What is vlogging?

Why vlogging?

Vlogging themes, styles, and formats

Communication





- Activity or practice of posting short videos to or maintaining a vlog online (Oxford Language)
- Focused on the creation of contents
- Can build a group of followers over time and potentially even earn income through advertising partnerships







- Vlogging is a form of expression of one's creativity and identity
- Only about 18% of the elderly population (65-74) are active in social media (EUROSTAT)
- Vlogging can be an opportunity to learn how to use the full potential of the Internet





The Most Popular YouTubers of 2022







PewDiePie – Felix Kjellberg

MrBeast – Jimmy Donaldson

Like Nastya





Choosing the topic of your vlog is most probably the most important decision you have to make before starting your career as a vlogger.

- What will be the main theme on which your videos will be based?
- Is it a topic you know and have a lot to say about?
- What are your competitors or people who have tackled the topic before you?





Style

Finding your own style means answering these questions:

- What should I say in the video?
- How should I say it?







The answer depends on your needs. If you need to:

- do live vlogs,
- have the possibility to embed the movie player on external websites,
- to monetise your content and
- take advantage of advanced features for editing and managing your videos,

then it is recommended to use YouTube.







How long should the video last?
 The "ideal" duration varies extremely from platform to platform!

Youtube: it is important that the video is not too long (maximum 6-7 minutes). The most successful videos seem to be around 2 minutes







To make your videos unique, don't forget the format:

- Have an introduction?
- Have a theme song?
- Your logo always present?
- A 'closing' for each video with a call to action for the next one?
- Ask the user for an action?







- Theme
- Style
- Channel
- Duration
- Music
- Effects
- Graphic







Introduction to communication

Other Concepts to consider in vlogging

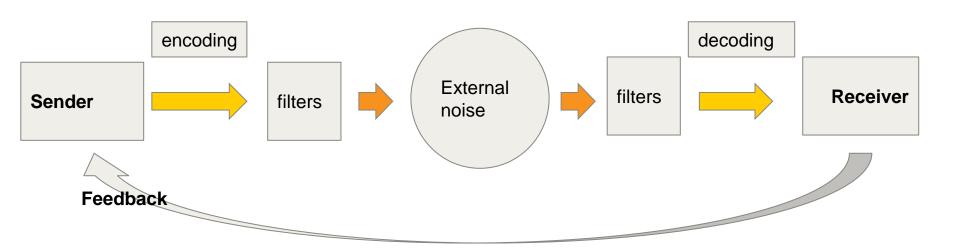
- Vlogging does not only include technical skills
- Considerations include
 - the means and methods that the message
 /information is presented to viewers
 - the legal aspects of presenting these information
 - Aspects to ensure vloggers security issues



Communication



Communication







Types of Communication

Verbal	Non - Verbal





1.2. Learning activity

Examples of verbal and non - verbal Communication

Activity 1.2



Types of Communication

Verbal	Non - Verbal
Oral communication	facial expressions
Written communication	body language
	gestures
	volume of voice
	appearance
	postures



Miscommunication







1.3. Learning activity

Examples of Communication Barriers (filters)

Activity 1.3.





Communication Barriers







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Channel choice

Today's menu

What's a channel? What's a content?

Tips to create your own channel!



What's a channel?

How to choose our channel?





- A vlog is a creative way to share your experiences online. Video blogs, or vlogs, are increasingly used by content creators to share experiences and opinions.
- A channel is a "place" where I can share my contents in a way I decide. My channel is unique and an expression of yourself.







 Normally in order to create a channel you need to set up an account on a social media as youtube or facebook etc. and start to create contents.





What's a content?





- A content could be a post or a video used to express yourself and you opinion.
- First of all you choose a topic or field you like to talk about and then plan your first vlog by writing a script or a short description of the ideas you want to share.







Let's try open a class channel





Tips to create your own channel

Let's discover and discuss them together!





Be yourself

Invest time and effort into vlogging because you are passionate about it.





Consider your audience





Don't hide emotions





Surround yourself with positive people





Consider the relationship you're in



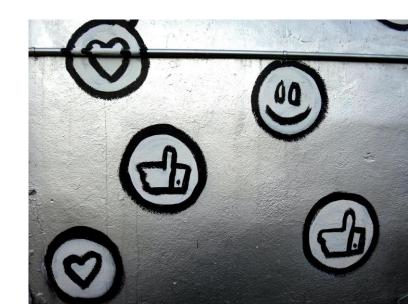




Start with small steps

When you first start your vlogs, don't expect to gain one million subscribers in one day.

Don't compare your subscribers to massive YouTubers







My channel, myself

Let's make some reflections about our channel!



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Most popular topics

Today's menu

Our international report

Popular topics on vlogging



What comes from the national report?



ITALY		GREECE		POLAND	
YouTube	TikTok	YouTube	TikTok	YouTube	TikTok
ASMR	#Ididitmyself	Health & fitness	Fashion	Comedy	Entertainment
Compilation	#carbonara	Cooking	Cooking	Religion	Dance
Educational	#beautyroutine	News & politics	Music	Health & fitness	Lifestyle
Entertainment	#sportazzurro	Sports	Psychology	Information	Lifehacks
Gaming	#duettaconlaura	How to style	Travel	Learning	Cooking
Infotainment	NA	People & blogs	Crafts	Cooking	News
Journalism	NA	Religion	Cosmetics	Travel	Education
Reviews	NA	Comedy	Books	Music & dance	Fitness & sports
Travel	NA	Music & dance	Sports	DIY	NA
Tutorial	NA	Tutorial	Commentary	Politics	NA



Content ideas

Ideas from the web





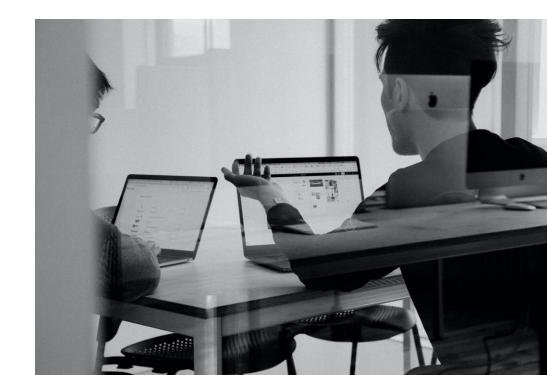
- · A Day in my Life:
- · Morning/Night Routine:
- · Bucket list:
- · What I Eat in A Day:
- · Clean with Me:







- . Movie Reviews:
- · Book Reviews:
- · Gadget Reviews:
- · Theater Reviews:







- · Current Affairs:
- · Trending topics:
- · New Releases:







- · Share:
- · Journey of a Song:
- · Behind the Scenes:
- · Pointers:





Educational vlogs

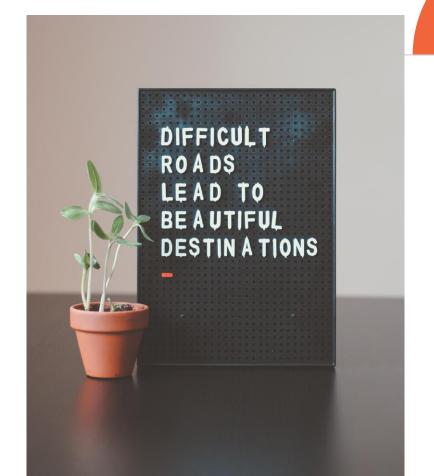
Subjects: Vocal Coach: Language Teacher:





Motivational vlogs

Daily Motivation:
Mindfulness:
How to feel motivated?:







How-to Videos: Setup Videos:





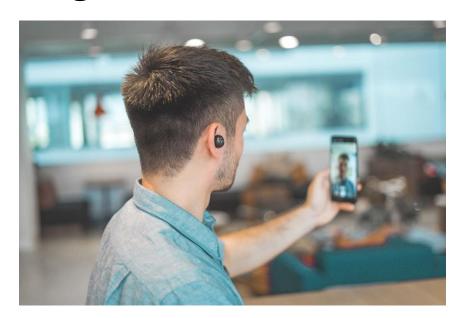


- · Explore:
- · Facts:
- · Personal Opinion:
- · What did you learn:
- · What's in my bag:





Informative vlogs



DIYs: How to edit:



Now your turn!

Find one vlogger for at least three categories.

DAILY VLOGS

REVIEWS

OPINION VLOGS

MUSIC VLOGS

EDUCATIONAL VLOGS

MOTIVATIONAL VLOGS

TECH VLOGS

TRAVEL VLOGS

INFORMATIVE VLOGS

Activity 1.5.



Badge hunt

Prepare such a "Day in my life" vlog or any other from the types/themes presented for next meeting.

Activity 1.5.



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Skills and competencies

Today's menu

Skills and competencies needed to become a vlogger:

Storytelling

Content creation

Personal Branding





To become a Vlogger it is **not only** necessary to possess technical skills. Among the skills that are needed to become a professional vlogger, in any field, there are:

- Communication skills: storytelling
- Content creation skills
- Personal branding skills





- Storytelling is a form of communication that originates from the art of narration.
- In the digital sphere, storytelling is the best way to transfer knowledge and experience, to persuade, to involve people.





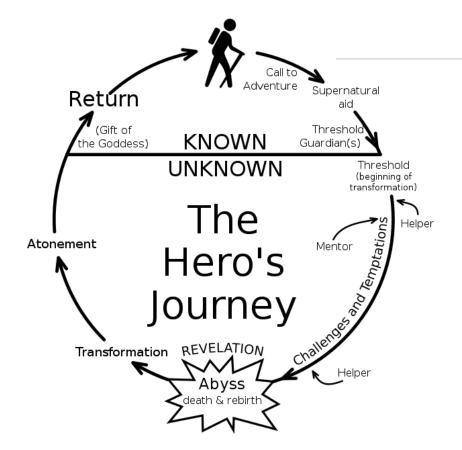
Storytelling – the hero's journey

The steps of the narrative can be summarised as:

- Departure
- Initiation
- Return

How do you use this scheme to make a story, a short story or even simply a blog article more engaging?









- The goal of storytelling is to arouse emotions
- Digital storytelling: organising selected content into a coherent system
- We must follow a storytelling technique that is close to the audience, clear and simple, trying to make our words make them empathise with our story.





How to realise a video storytelling project

Here are some operational steps:

- Observe
- Listen
- Show curiosity
- Be interested
- Empathise
- Reflect







Tell me your story?

Storytelling activity



Activity 1.6.





Web lives on content Editorial plan

- Evaluate the commitment you are able to make
- Decide whether to publish every day or a few days a week
- Create fixed appointments and avoid uploading less than one video per week







Personal branding

You have to find out what makes you **special** and turn it into your own personal brand, what will make you different from all the other vloggers out there.

- Be yourself!
- Give your channel a name and choose
 a cover image that represents you
- Spend time on visuals
- Make your style visible and recognisable







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Good practices of vlogging

Today's menu

Good practices of vlogging: a few examples of popular Senior Vloggers



Shirley Curry

I am an 85-year-old grandmother who loves to play, and now record, video games! I live in Ohio and love playing Skyrim. I am a widow. I have four children, nine grandchildren and three great-grandchildren.



- Curry's YouTube career has taken off six years ag
 o.
- Curry managed to surpass 1 million subscribers
- YouTube has sent her a gold Play Butto
- Skyrim Grandma regularly uploads videos of herself playing Bethesda's The Elder Scrolls 5: Skyrim
- She starts each video with her catchphrase, "Good morning, grandkids."

Tricia Cusden

Makeup Tutorials for Older Women by Look Fabulous Forever. We show mature women how to apply makeup so that they look and feel fabulous.





- 70-year-old
- Look Fabulous Forever kicked-off 5 years ago.
- Make-up made specifically for older women.
- "I thought, that's a really stupid idea,"
- "Millions of videos are uploaded to YouTube, people just won't see them."
- She had tapped into a real need.





Judy Graham

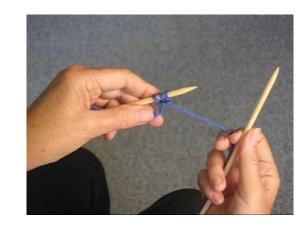
Graham is a knitting legend. She's still producing videos nearly every week.

«Seniors do know about tech, and they do use it»





- She's now in her 80s
- She's still producing videos nearly every week
- Not everyone who watches "Knitting Tips by Judy" is older. She has plenty of younger fans (points at self).
- She complained to her son that it was a myth that all seniors hated technology.





Tim Rowett

«We don't do dolls! Our toys might have a fun or unusual mechanism, can be used to amaze or puzzle people, are a bit magical or maybe a bit scientific.»





- Rowett's YouTube channel, Grand Illusions, collects and reviews dozens of random toys.
- The channel currently has over 881,000 subscribers.
- In 2015, the *Telegraph* named Rowett one of the best YouTubers over 50 years old.





Bossa Nakane

Bossa Nakane makes
Iullabies for stressed-out
adults
«Good music, good sounds,
good feelings... most
happiness in my life!»





- Bossa Nakane makes lullabies for stressed-out adults.
- He expresses his passion for making other people's day better
- He has reached 3.97 thousand followers







The following resources were used to develop this module:

- https://www.geppa.it/lo-storytelling/
- https://wearemarketers.net/guida-storytelling/
- https://wearemarketers.net/il-viaggio-dell-eroe/
- www.officinamicrotesti.it
- https://www.digital-coach.com/it/blog/lavoro-digitale/professionidigitali/come-diventare-vlogger/
- https://www.wikihow.com/Become-a-Successful-Vlogger-on-YouTube
- https://www.adobe.com/it/creativecloud/video/hub/ideas/what-is-a-vlog





The following resources were used to develop this module:

- https://www.wikihow.com/Become-a-Successful-Vlogger-on-YouTube
- https://www.adobe.com/it/creativecloud/video/hub/ideas/what-is-a-vlog
- https://www.wikihow.com/Become-a-Successful-Vlogger-on-YouTube
- https://medium.com/rizzle/33-vlog-ideas-for-beginners-8e4f08106821
- https://mashable.com/article/senior-citizen-youtubers
- https://www.wikihow.com/Become-a-Successful-Vlogger-on-YouTube
- https://www.adobe.com/it/creativecloud/video/hub/ideas/what-is-a-vlog





The following resources were used to develop this module:

- https://www.aranzulla.it/come-fare-un-vlog-1158943.html
- https://www.digital-coach.com/it/blog/lavoro-digitale/professionidigitali/come-diventare-vlogger/
- https://webipedia.it/blogging/vlog-vlogger-youtubers-come-guadagnare/
- https://www.nur.it/blog/449/quanto-dura-il-filmato-ideale-su-youtube



1 Badge

For concluding the module





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Recording Equipment

Today's menu

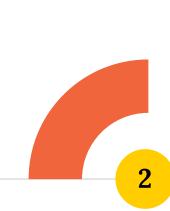
Hardware – what equipment to choose (not only recording)

Software – what software is necessary to create a vlog (not only for editing)









Hardware

WHAT EQUIPMENT DO YOU NEED TO RECORD A VLOG







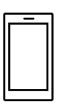








Video camera













- Availability almost everyone has a smartphone
 A good class (quality) camera (optic, sensor etc.)
- Expandable with accessories
- Sometimes difficult to handle and bulky It's impossible to take good close-ups







Webcam



CONS







Digital Camera

PROS ...

CONS







Camcorder

PROS

SZ .

...





Camera's components

Camera's components

Lens

Recorder

Power Supply

Sensor

Memory

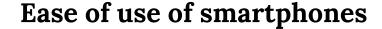
Battery





- I can take it everywhere with me
- I care about a very good image quality
- Ease of use counts for me
- •
- •





- A good quality camera
- High-capacity battery
- Possibility to connect a microphone and headphones
- Functions supporting filming manual mode, image stabilization





What type of vlogger are you?



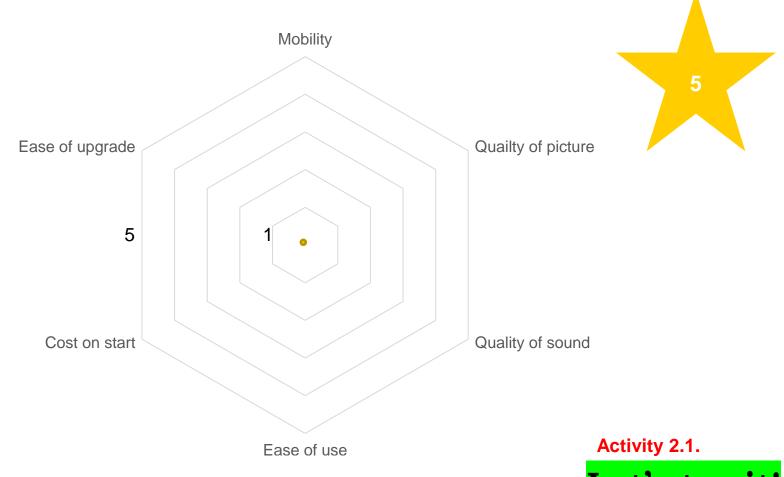
- Storyteller
- Traveller
- Workshop / kitchen master
- DIY enthusiast
- Film director
- Streamer





- Storyteller
- Traveller
- Workshop / kitchen master
- DIY enthusiast
- Film director
- Streamer

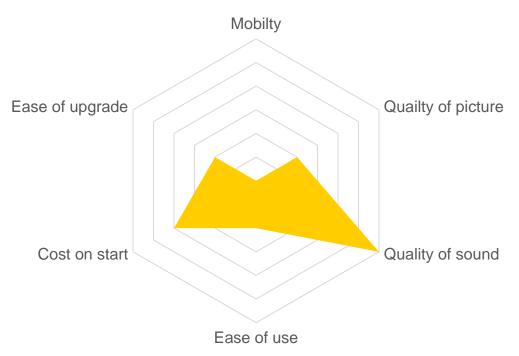




Let's try it!



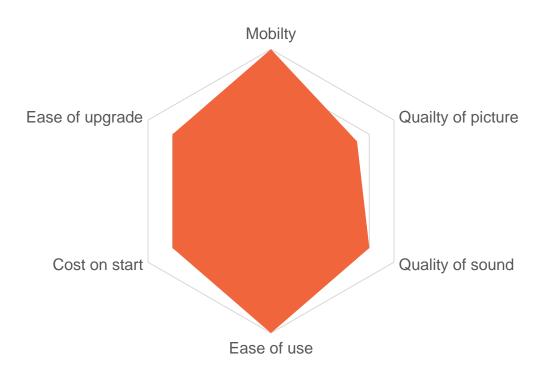
S/he records mostly static shots in one place. In his/her films, the most important thing is the captivating story.







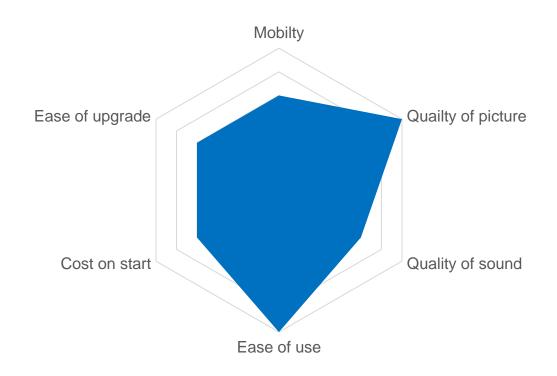
S/he records everywhere, especially outside. S/he likes showing viewers various interesting places and situations





Workshop / kitchen master

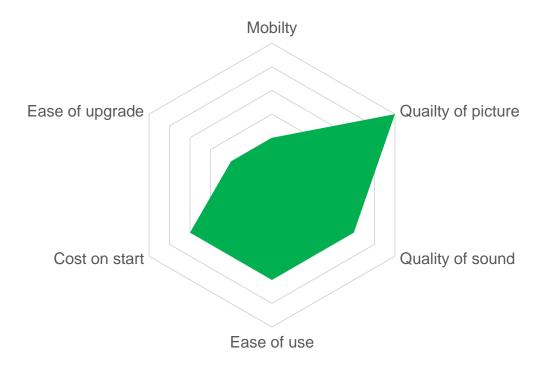
S/he records mostly static shots in one place from several angles. In his/her films, the most important thing is the picture.







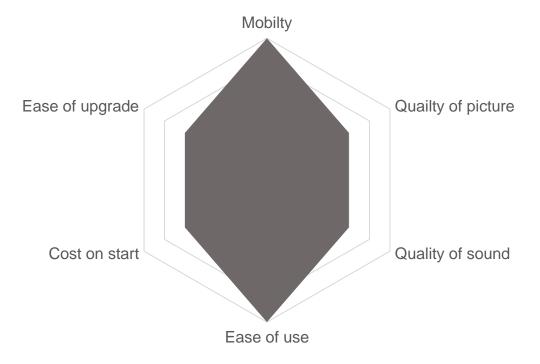
S/he records mostly static shots in one place sometimes using zoom or time-lapse. In his/her films, the most important thing is the picture and sound with an instruction.







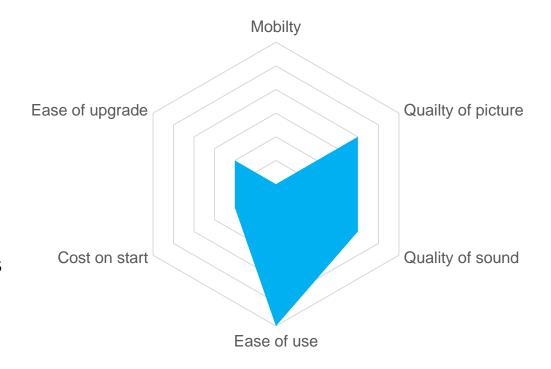
S/he records
everywhere
based on her/his
vision.
S/he likes
showing viewers
various
interesting
situations





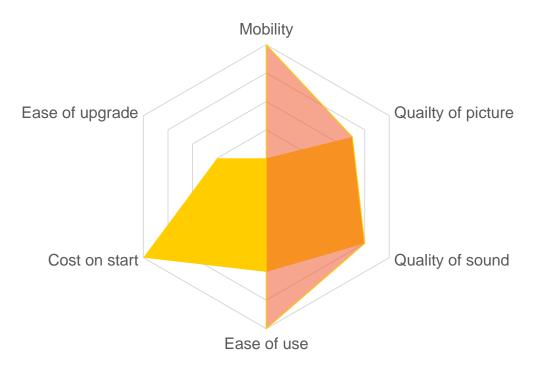


S/he shares screen mostly without showing her/his face, S/he likes presenting viewers various interesting events or games





Storyteller vs Traveller







MoSCoW analysis tool

- a tool for creating a hierarchy of priorities
- an acronym for "must-have," "should-have,"
 "could-have," and "won't-have
- categories of priorities
- to decide what is needed and what we can do without





You will get a handout with MoSCoW analysis tool

Choose a vlogger and fill it in for him/her.

What do you think was important for the chosen vlogger per this analysis?



	3 – Must have	2 - Should have	1 – Could have	0 – Will not have
Mobility				
Quality of picture				
Quality of sound				
Ease of use				
Costs on start				
Ease of upgrade				

An example of a storyteller





Sound recording

Sound recording







RØDE SmartLav+























RØDE Videomic ME















Saramonic Blink500





USB Microphone





Badge hunt
Homework
Sound recording



Activity 2.3.

Lighting

Lighting

- Natural light: sun, walls, lighting flags
- Artificial light: bulbs, lamps, spotlights









- filming with the light not against the light
- the Sun behind the back
- watch out for reflections on spectacle lenses





Possible sources of natural light

- a window illuminated with daylight
- reflected light





- Adjusting the exposure parameters in the camera
- UV and polarizing filters
- obtaining the desired effects can be brought by a photographic tripod, a lens hood
- take advantage of different times of the day and create different moods for your photos



Lighting activity 1

Competition for the best selfie photo using natural light, to demonstrate the effect of good lighting

Let's take cell phones and look for places with good natural light. Take good natural light selfie example.

Activity 2.4.



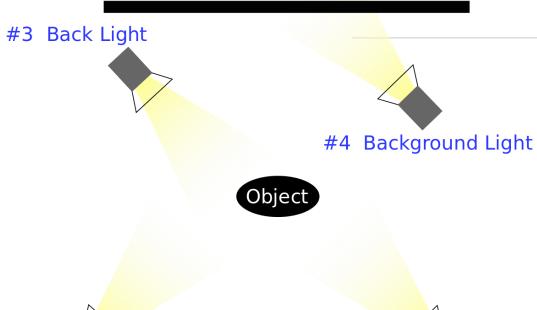
Lighting activity 2

Competition for the worst selfie photo using natural light, to demonstrate the effect of bad lighting

Let's take cell phones and look for places with bad, insufficient natural light. Take bad natural light selfie example.

Activity 2.4.









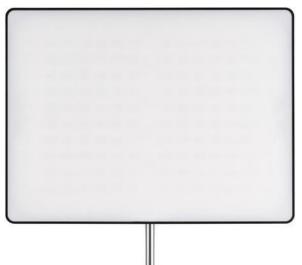


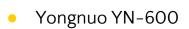






Popular LED panels





Yongnuo YN600 Air





LEDs can be very convinient

You can use that set indoor and outdoor (wyth batteries)









• Wherever you need to focus on quality straight from a pro photo studio.

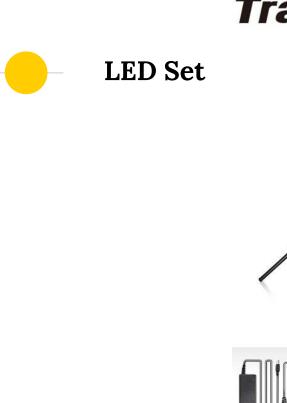
















LED Ring light







LED Ring light





Source: https://youtu.be/U52LKRV2rpA
Using Your Ring Light With Glasses | boxd Tips

FOR FUN

Additional Homework

- If you are interested in artificial lighting rules, try to have fun with it in your spare time.
- You can watch some instruction movies, get a book on artificial lighting.

Additional equipment



The Filters 🛹





— Gimbals





– Rig







Tripod





Backpack?



Source: aliexpress.com



- Powerbank







Software

RECORDING, EDITING, MIXING



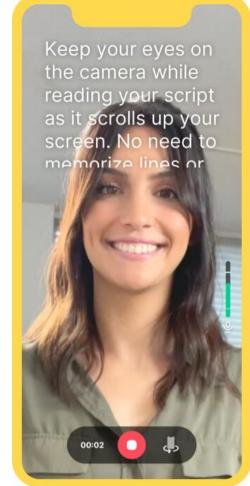
Cinema FV-5 (Lite)







Cue prompter app







Battery control app







Editing app (mobile)

Some apps worth to consider:

- KineMaster
- FilmoraGo
- InShot



KineMaster. Oficial photo





Editing app (PC)

Some apps worth to consider:

- Shotcut (free)
- Davinci Resolve (free)
- Filmora (€50)
- Adobe Premiere Essentials
- iMovie



Badge hunt

Homework: Download a recommended or chosen **Editing App** Create a vlog video of your choice / style / theme etc. in which you will prove your editing and/or technical practice



Activity 2.5.

Pimp your smartphone



•	Must have – essential needs
•	Should have – important but not essential
•	Could have – nice to have
•	Will not have – not needed right now (or never)





Pimp your smartphone

- There will be 2 challenges requiring looking for additional accessories for your phone
- Each challenge completed is worth 5 stars, so a maximum of 10 for this exercise.
- If you work in groups, you split the stars between group members.



Activity 2.6.





Pimp your smartphone. 20€ challenge

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Pimp your smartphone. 50€ challenge

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•	



What I have in my backpack?

	Total: 710 €
SBS Powerbank 20000 mAh	30 €
Newell RGB-W LED Light x2	100 €
Benro Slim Travel Tripod	85 €
Feiyu Tech Vimble 2 Gimbal	60 €
Case Logic Backpack DSLR	45 €
Rode SmartLav+ Mic	40 €
Ulanzi Smartphone Rig	50 €
Xiaomi 11 Lite 5G NE	300 €





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Vlogs production & postproduction

1

Films recording

Some useful information when you don't have time for a film school





Before your press REC button

- A reserve of space and energy
- Frame setting
- Setting up the actor and checking the appearance
- Focus point
- Lighting and exposure
- Does the sound "come in" (and from what source)



Let's frame!

Let's frame!



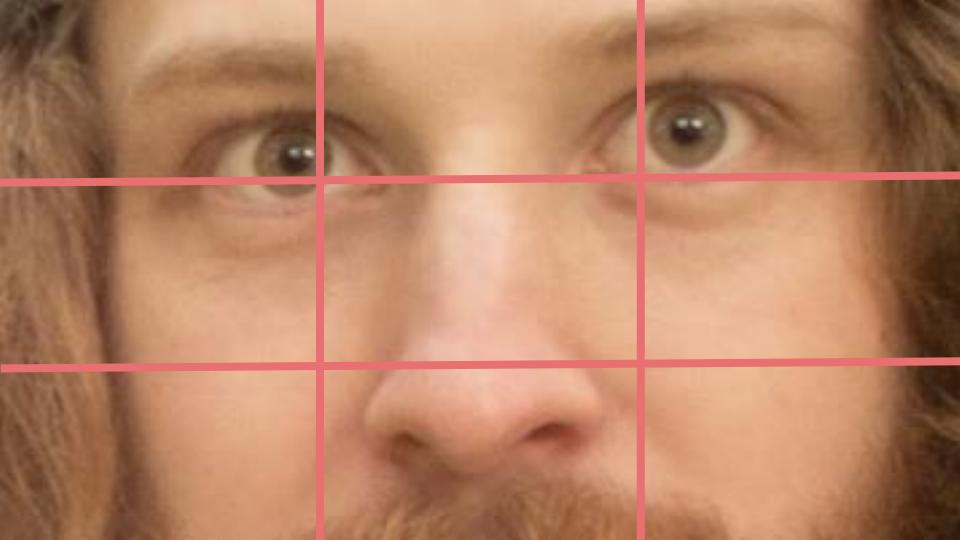












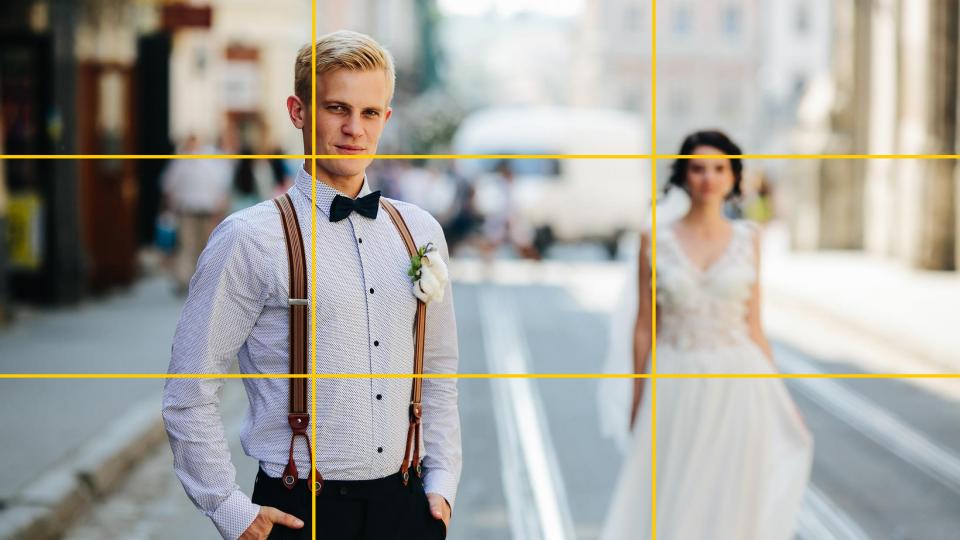
























The nine framing sizes



The nine framing sizes, all appearing in The Good, The Bad & The Ugly (from Wu et al. (2017)























Look in your SmartPhone Rolls

Can you find there:

- A good example of a composition
- A wrong take
- Golden rule (tri-division of a plan)
- Close-ups
- Wide plan



Activity 2.7.



Camera movement









Stabilization





Mastershot



One perfect shot?







It would be nice, but...







Remember about the B-roll



















Keep in mind

- 3x more footage
- work out a concept
- at least 8 seconds long shots
- record each take 2-3 times





Try to shoot 1 movie with one of the camera movement

What we score:

- Time of the take at least 8 sec. per shot
- Doing properly a panoramic/tilt/zoom/not-standard take
- Interesting theme

5 stars to be gained per 1 film (so 15 starts if you bring 3 movies)

Activity 2.8.



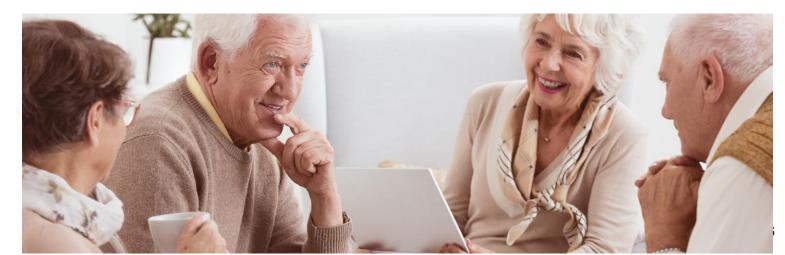


Some tips for...

Some tips for... the interviews

- Find a quiet place
- Light up her/his face
- Medium shot
- S/he doesn't have to look at the camera

- Talk to her/him, don't make him speak as a sign
- Record two versions that you will be happy with







Some tips for... the DYI



- Get everything ready in advance
- Practice all activities
- Check that everything will be clearly visible
- Will it be possible to shoot close-ups?
- Medium shot (long shot or close up)
- Take care of roll B



Some tips for... the traveller vlog

- Think about the acoustics
- Check the material on a regular basis
- Think about the structure of the movie
- Think about the problem you want to show
- Your author's comment matters!
- Do lots of extra material







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How

Algorithms Work



YouTube – How it developed, how its algorithms decide which videos to recommend and monetize

TikTok – How it took over social media, how its algorithms promote videos







2

Introduction to YouTube

What is the Algorithm?

How does it determine which videos come up first?



Definition of the YouTube Algorithm

The YouTube algorithm is a computer program that decides which videos to recommend to users based on their previous viewing history, engagement with the platform, and other factors.

This algorithm uses data analysis and machine learning techniques to suggest content that it predicts will be of interest to each user.

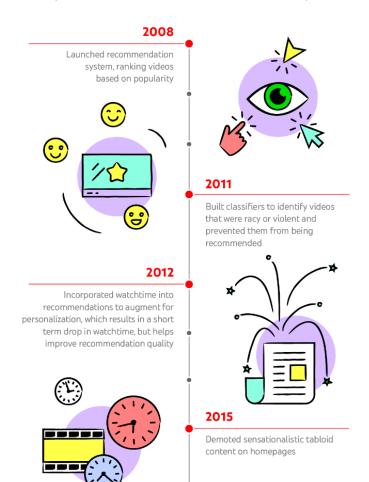


History of the YouTube Algorithm

Since its launch, the YouTube algorithm has evolved a lot, changing form and recommendation factors multiple times.

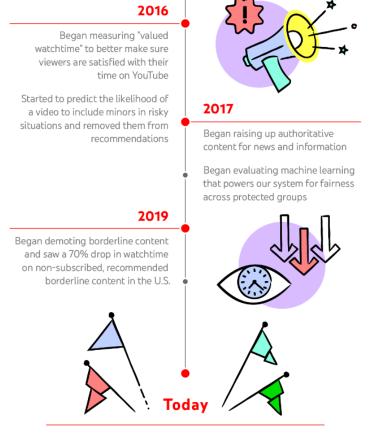
Recommended for You

Key Moments in YouTube's Recommendation System





From 2016 to today

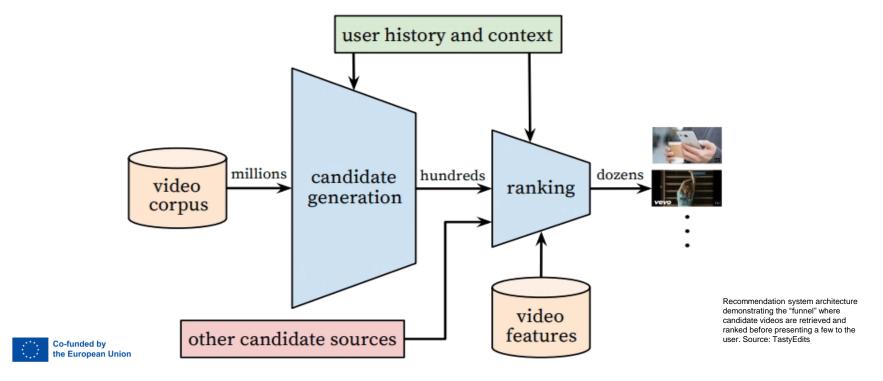


Learn from over 80 billion signals to help people connect to videos they love.

Watchtime of authoritative news is up dramatically and consumption of borderline content that comes from our recommendations is now significantly below 1%









- YouTube classifies all content that is uploaded on the platform into two categories, based on their topics, as well as their conformity to the YouTube guidelines.
- This evaluation is made either by the YouTube algorithm or in some cases by YouTube employees.
- These categories are authoritative and borderline, although there is internal classification into each category through a score system.





A video is classified as authoritative mainly on the answers to the following questions:

- Does the content deliver on its promise or achieve its goal?
- What kind of expertise is needed to achieve the video goal?
- What's the reputation of the speaker in the video and the channel it's on?
- What's the main topic of the video?
- Is the content primarily meant to be satire?





On the other hand, content is also evaluated on the basis of its possible negative effects on the viewer, where certain subjective aspects are put into a score system as well. Those include:

- Inaccuracy
- Misleading or deceptive content
- Insensitivity or intolerance
- Harmfulness or potential to cause harm





2 TikTok

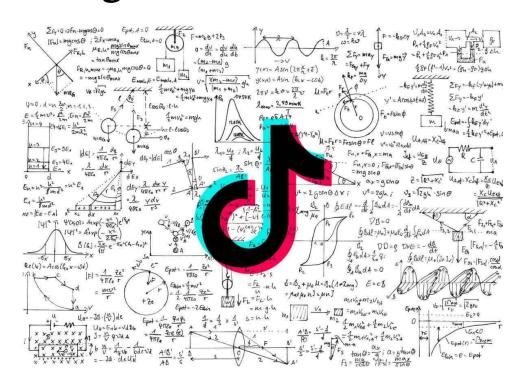
How is its Algorithm different from

YouTube's?

How does it determine which videos come up first?



TikTok Algorithm







For a start...

When someone opens a new TikTok account they are greeted with videos calibrated based on:

- Country settings
- Language preferences
- Device type
- Category selection



User interaction with the platform is crucial!

The algorithm filters videos further and further depending on the user's interactions with the app, such as:

- Video likes and shares
- Accounts followed
- Comments posted
- Content created
- Videos completed
- Favorited videos

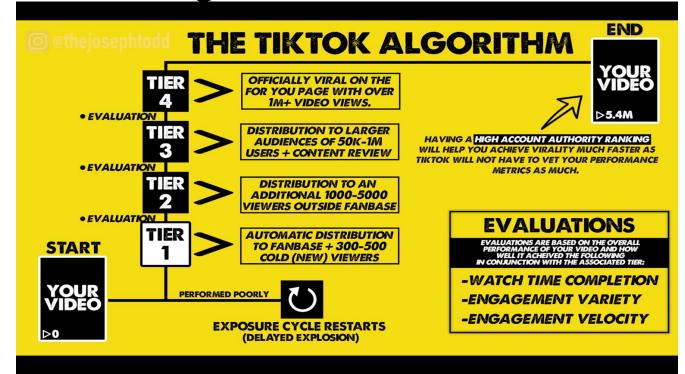




The TikTok algorithm

Metrics:

- -Rentetion
- -Time spent Tiers system:
- -Regular user
- -Verified user
- -Creator user







Basic differences

- TikTok's algorithm is primarily focused on serving users with content that they are likely to engage with, based on their past behavior on the app
- YouTube's algorithm is more focused on user preferences and search history



Homework

Let's make algorithm work in YouTube and TikTok
Search in YouTube and in TikTok 9 movies. To search for 9 movies
with cats on preferred channels and try to analyze how the
algorithms work, what decides that the movie is well positioned.
Leave apps. Rejoin apps after 1 hr and see the results in the app
feed and for you page. What do you observe?



SeniorVlog

Inspiring and Empowering Seniors to become Vloggers and conquer the Internet

Interact with

your audience



Today's menu

Marketing Strategies

Communication Strategies

Content Outsourcing



You Tube

MARKETING

IN-HOUSE

OUTSOURCING



TikTok Marketing





Marketing Strategies

Why use marketing when vlogging?
What kind of practical applications do these have?





Developing a marketing strategy begins with identifying your audience. This is done by:

 Compiling data on the market. More specifically, audience members' ages, locations, and engagement patterns to market effectively to them.

Making use of social media analytics – where those are available by the website itself, and exploring the possibility of the creation of a business-type account.

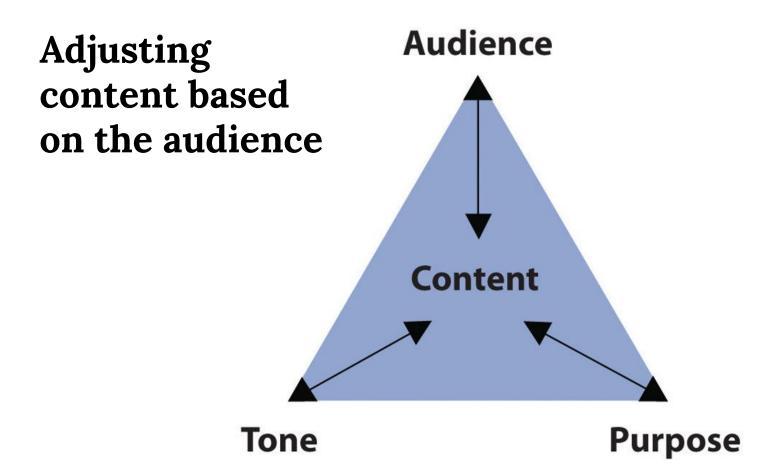
 Taking into account the competition. This is achieved by watching and understanding similar creators' content and noting gaps in the market.



Timing and Consistency









When posting, ask yourself...

- Is this content contributing to the lives of the audience?
- Is it original?
- Is the content bound to inspire or entertain?
- Are the sources used, cited?



How to measure the audience's response?

Common social media metrics

- Reach
- Engagement
- Impressions
- Mentions
- Post clicks
- Video views



Communication Strategies

How to best communicate with your

audience?

Which are the main channels of

communication?







Communication advice

- When posting on social media, repetition across
 platforms should be avoided and posts should be
 enriched with colorful pictures, music, videos and GIFs.
- Replies to comments, emails and requests should be quick and courteous.
- This practice gives the audience the impression of someone who cares about the audience's opinions and keeps them in high regard.





Collaborations

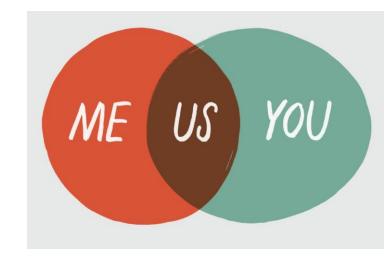






Collaboration with other creators

- Choose the right partner
- Similar niche
- Similar outreach
- Market it extensively to your audience through social media







There are four ways to collaborate:

- Both creators meet in person and film two different videos. The first video will go on creator A's channel, and the second video will go on creator B's channel. However, both creators appear in each video.
- Both creators film their scenes separately and send clips back and forth to create a single video.





How to collab 2/2

- Both creators do a video takeover on each other's channels. So, for example, creator A makes a video that doesn't include creator B, but the video gets published on creator B's channel. Then they do the same thing for creator A.
- Both creators do a hybrid video collab. For this idea, creator A appears in the first half of the video, and creator B appears in the second half. An example: a video titled "6 Ways to Get Free Airline Tickets"



Badge hunt

Homework - collab video Create a collaboration video of choice. You can choose a partner, or a lottery/division can assign partners in teams.



Outsourcing

Why outsource your content?

How to choose between different outsourcing agents?

What are the benefits?





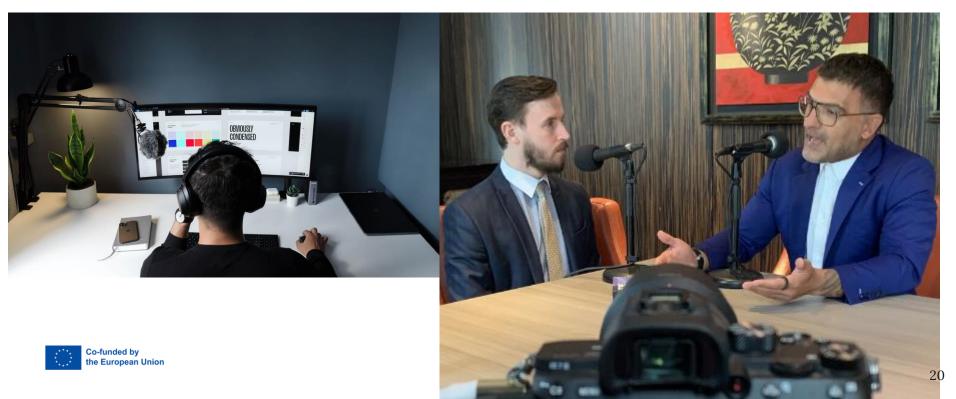
Outsourcing to outside actors

This practice allows for a number of benefits, such as:

- More Free Time
- More Point Of Views (POVs): fresh ideas and perspectives to attract new audience.
- Speed of Delivery: you know exactly when you'll receive the content you ordered.



— The hard choice: Freelancers or agencies?





Freelancers

Pros

- The cheaper option
- Experienced in the field
- Terms are negotiated one-on-one

Cons

- Lower Quality content
- Less Flexible





Creative Content Agencies

Pros

 Full-package (development of communication and marketing strategies as well as metrics analysis and publishing content)

Cons

- Much higher price
- Unreliable · Quality and timely delivery due to producing in bulk







НС	ow to Outsource Content Writing?
	Define your brand goals
	Set style and requirement guidelines
	Create a budget plan
	Analyze and choose outsourcing options
	Select relevant writer for your text
	Ask them to write a test sample
	Make the focus on your deadlines
	Define your success metrics



1 Badge

For concluding the module





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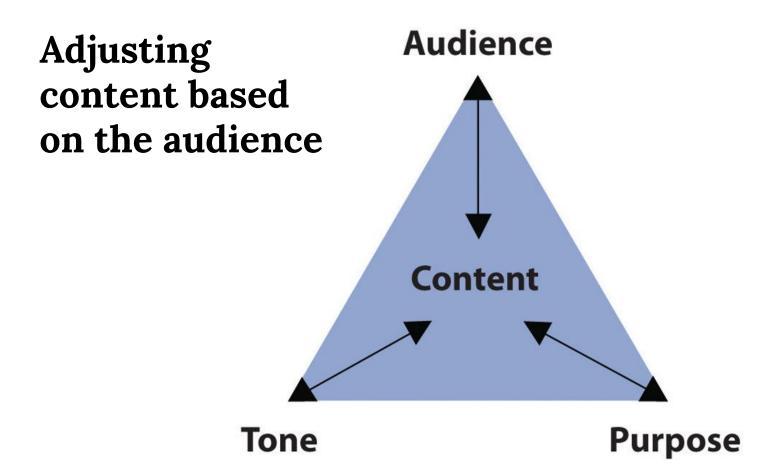
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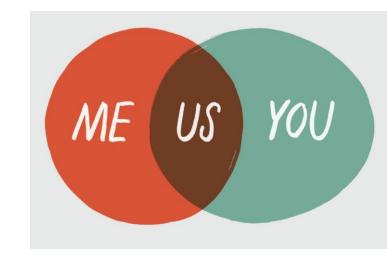






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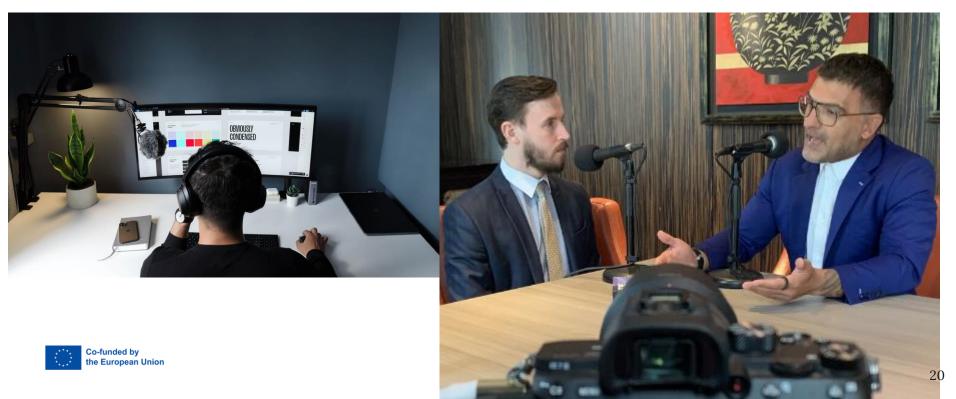
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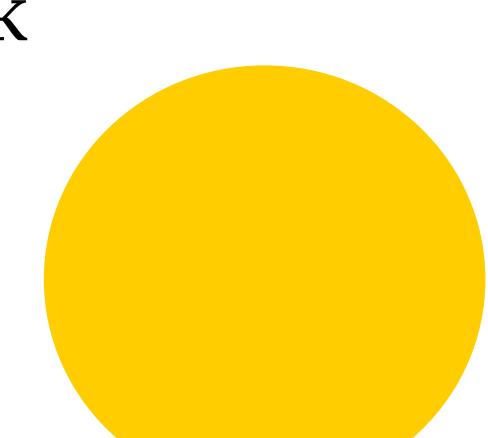
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SeniorVlog

Inspiring and Empowering Seniors to become Vloggers and conquer the Internet

Shaping your vlogging

Today's menu



Plan your own vlogging

Preparing my routine as a vlogger

Plan the future as a vlogger

Earning Money as a vlogger



Introduction

The digital influencer
Characteristics of the digital influencer
Benefits of a vlogger
Steps to become a social media influencer





The digital influencer

- The role of digital media is to affect the consumer behavior (opinion, choices, consumers).
- Influencer is considered the new profession of the XXI century!
- Influencers are the ones that perform online to a big audience and exert more influence on other people behavior than the average ordinary users.
- *Vlogger* is the person who posts vídeos on Youtube, talking about some topic (Bakhtiari, 2022).





- Persuasion
- Ability to build close relationship with the followers
- Build na image of trust
- Authenticity
- Talk about routines and interests
- Be associated with brands







Benefits of being a vlogger

- Emotional and social connection with people
- Can reduce loneliness levels
- Share experiences
- Interact with different followers,
- Reflect about feedback
- Increase their self-esteem





Steps to become a social media influencer/vlogger



- Step 1: Select the theme and content
- Step 2: Optimize Social Media Profile
- Step 3: Understand the audience





Steps to become a social media influencer/vlogger



- Step 4: Post Relevant Content
- Step 5: Consistency
- Step 6: Engage the audience
- Step 7: Be open for collaborate with brands



Plan your own Vlogging



Choose theme and content

To decide about which theme and content, the vlogger should question himself:

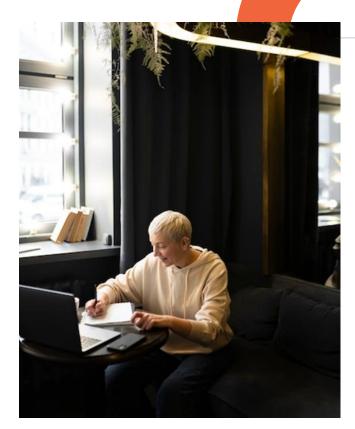
Which type of content I would like to produce?

What kind of followers I would I like to have?

What do I want to influence and mobilize?

Which type of content my followers would like to watch?









What can be considered?

- Routine and personal environment
- Interests
- Knowledge and experience
- What already exist (explore)





Choose theme and content

After creating the channel...

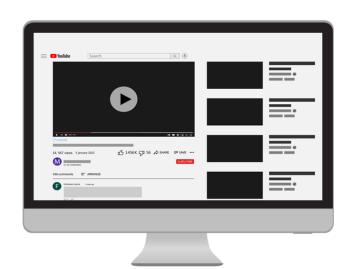
Self-presentation video:

- Let your followers know the channel
- Share motivation behind creating the vlog
- Talk about plans for the channel

Start Publishing videos

Pay attention to feedback





3.1. Learning activity







Get to know myself as a vlogger



Pick the 1 or 2 words.
Which one says more about you and Why?



Let's start shaping our vlogs!!

Activity 3.1. /part 1

30min





Get to know myself as a vlogger





Let's start to create a portfolio!



According to my skills and knowledge, what type of content I would like to talk about

Activity 3.1. /part 2

20 min





Get to know myself as a vlogger



Do you need some ideas for your channel?



Please watch the video:

<u>Top 10 YouTube Channel Ideas 2022 - These Are The BEST</u> I Found - YouTube

Activity 3.1. /part 3

30min





3 types of formats

- Textual content (blog posts, articles, guides, lists, etc)
- Multimedia content (infographics, audio posts, screenshots, podcasts, live videos, online events, webinars)
- Other types (free tools, applications, games QR code, etc)







Create your:

- Personal brand
 - Theme
 - Content
 - Communication
 - Preferences
 - Positioning
 - Individuality





3.2. Learning activity









Please complete your portfolio with answers to the following questions about your future channel



- Platform ?
- Duration per video/post?
- Frequency in posting?
- Target group?

Activity 3.2.

20min





Preparing my routine as a vlogger

- Necessary the equipment (microphone, light, camera) for film the video.
- Prepare guidelines about the content we want to transmit.
- Make sure you have the consent of persons and places appearing in the video
- Engage the audience by making games, challenges, funny or dramatic events





- Edit the video
- Pay attention to feedback
- Vlog promotion





3.3. Learning activity







- Look for vloggers in the same area.
- Look for similar themes.
- How long are the videos?
- How the influencer connect with the followers?
- What will I do different?
- What would I like to do in the same way?

Activity 3.3.

40min



Plan the future as a vlogger



Channel sustainability

- Invest in equipment
- Practice to talk in front of a camera
- Invest in creation and the promotion of videos
- Plan the content, do research, stay aware about the latest news about the topic
- Be consistent in posting
- Film in advance
- Take notes from ideas

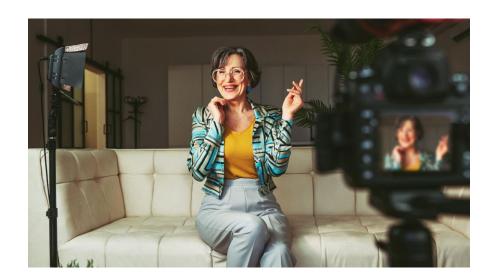


3.4. Learning activity





In five years, witch progressions I want to have in my vlogging?"



Activity 3.4.



Earning Money with vlogging



Earning Money with vlogging

- Association with brands can bring advantages for both sides.
- Working for Youtube means pay before someone pays you back.







- Publicity/Advertising Revenue: get ad revenue through videos, announcements,
- Channel members: who do monthly payments and have special perks in exchange
- Merch self: Followers can by official branded that are exhibit in the posts





- Chat & Stickers: Followers can pay to have their messages on the screen more visible than others
- Youtube Premium Revenue: receive YouTube taxes when someone watches the videos



1 Badge

For concluding the module





SeniorVlog

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Vlogging in a wider Concept



Media Awareness

Legal Rights and Aspects

internet Security



Media Awareness

What is Media Awareness?

 Understanding of the different methods for presenting information and of the possible uses and dangers of these methods (Cambridge Dictionary)





- Vlogging is a popular method for sharing online information for various subjects
 - Information sharing is easier due to new technologies backpack journalism or MOJO by non journalists
 - Information provided remains public for a long period of time
 - Vloggers are responsible of being fair, honest and respectful not only toward their public audience but also toward facts.
- Vlogs should be able to promote inclusiveness and avoid social stereotypes





Biased Language









- Words or phrases that are offensive, prejudiced, excluding, or hurtful.
- They constitute an important barrier /"filter" in communication
- Their use might make certain people or groups feel misunderstood, cast out, or misrepresented





- In vlogging can provoke isolation and degradation towards viewers because of their age, gender, race, sex, ethnicity, physical or mental differences, religion, or economic status
- **Inclusive language** sends the message that vloggers have invested on learning how to express themselves in order to create the sense of belonging for everyone.





4.3. Learning activity

Replacing words with more inclusive ones

Activity 4.3.





Examples of Biased Vs Inclusive language

Biased Language	Inclusive Language
Mankind	
Man's achievements	
Manmade	
The common man	
Man the stockroom	
Nine man hours	



Examples of Biased Vs Inclusive language

Biased Language	Inclusive Language
He/She	
Husband / Wife	
Blacklisted / Whitelisted	
The blind	
The disabled	
An addict	
Wheelchair-bound	



Badge hunt

"Rewrite" a video of your choice from previous modules in order to promote inclusivity



Media Vs Presenters

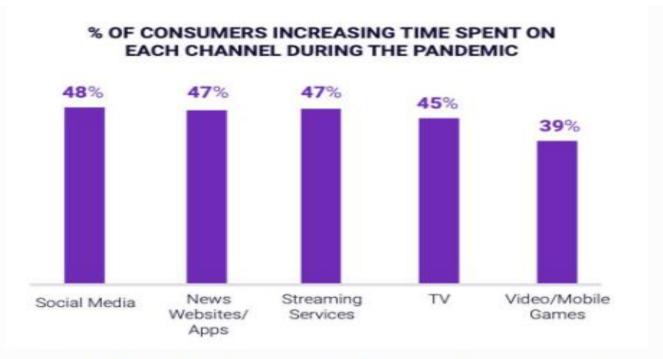


Media (1)

Communication channels through which we disseminate news, music, movies, education, promotional messages and other data.

- It includes:
 - physical/online newspapers and magazines,
 - television, radio, billboards, telephone, Internet, fax.
- Media messages are created, shaped, and positioned through a construction process - they do not present reality like transparent windows.

Media (2)





Percentage of consumers increasing the time the spend on social media, news sites, streaming ... [+] DOUBLEVERIFY

Shifting from TV to Vlogs - Differences of TV from Vlogs (1)



 New audience not sitting in front of TV screens nor buying a newspaper



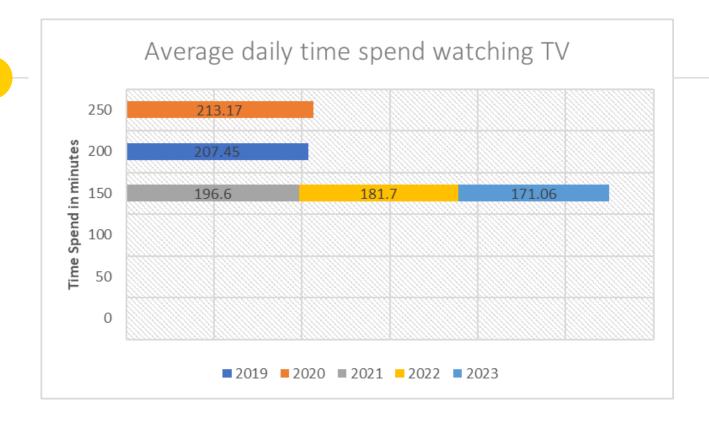
Spend most of their time on social networks (Mitchell, 2014)



Differences of TV from Vlogs

- Interact directly with newsmakers
- Connect directly with those who are creating news for them
- They don't like to be just good receivers of information
- They are not only readers:
 - they want to have conversations,
 - find the resources, share them with others and
 - have their questions to be answered and their opinions to be listened to (Lavrusik, 2009)







A Video Example of Senior Vloggers







The ability of the person to learn and read the messages the media sends and how they send them (Aufderheide & Firestone, 1993; Ofcom 2019a, 2019b; Potter, 2016)

- Helps people identify reliable sources and filter through the noise to get at the truth
- It is the first step to being able to construct effective and creative media yourself













We can achieve **responsible** and **respectful** communities **if all** ...

- ...contribute in reframing how we use media
- ...change our culture where the responsibility for any issues lies in people concerning marginalized groups
- ...be responsible for the care and respect of our peers and our community
- ...become more independent and creative
- ...be accountable to all the media we create



3.3

Mobile Journalism and Backpack Journalism





Mobile Journalism (MJ) has been described as "nothing more, nor less, than the witnessing by one person of something happening — an event, an occurrence, a manifestation of an idea or an emotion — and bearing witness of that to someone else" (Kevin Klose (2009)



Mobile Journalism ("MoJo")

Need no more than a **smartphone mobile** to create and publish news (Goujard, 2016)





Mobile Journalism

 Encouraged ordinary individuals to involve in media work – not much different than the job of journalists

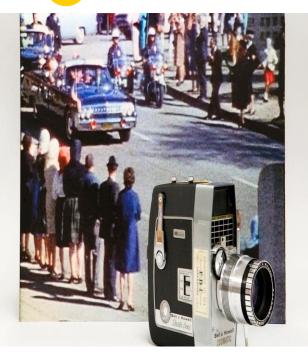
Provides a unique opportunity for citizen with no previous experience in

journalism





Backpack Journalism (BJ)



- thousands of citizen-journalists that witness an event and they try to document the event and make it public to the audience empowered by their smartphone (Burum, 2016)
- Abraham Zapruder and George Holliday were two ordinary American citizens with home video cameras. Just two guys who changed the nature of how the world consumes news...



Backpack Journalism Example







MoJo (MJ) Advantages

• It is easy to use (pocket-size) and to move with it

PROS

Speed makes mobile journalism efficient

Ubiquity feature







MoJo (MJ) Disadvantages

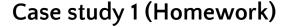
- The accuracy factor is not of that strength when it comes to news covered by citizens via mobiles.
- Digital zoom in smartphones distorts the picture
- The battery is not designed for working with videos/media around the clock
- Safety and security of the journalist in risky areas
- Ethical aspects



Badge hunt Backpack Journalist



Backpack Journalism (BJ)



 Respond to a real time situation using your mobile phone in order to broadcast the scene to your followers.

(This could be either a storm, an earthquake, a fire, a robbery or anything you chose)



4. Legal Rights and Aspects



Legal, ethical, data protection issues, confidentiality Freedom of Speech Possibilities



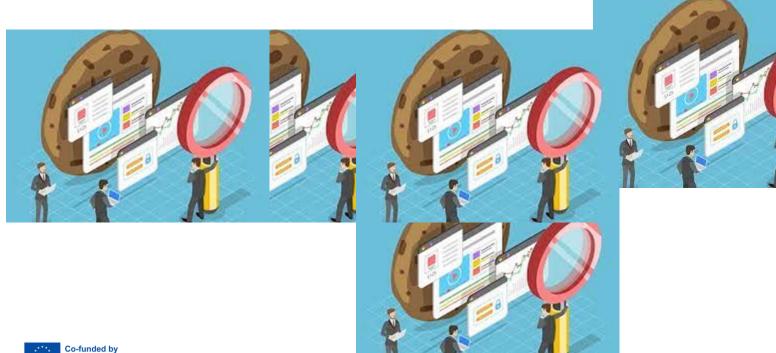
4.1

Risks Associated with Information Technologies

- Misuses of information technology
 - Invade users' privacy
 - Commit computer crimes



Risks Associated with Information Technologies





Cookies



What are they?

- Small text files with a unique ID tag
- Embedded in a Web browser
- Saved on the user's hard drive



Cookies



Have been around since 1994 when a programmer named Lou Montulli came up with the idea for Netscape Navigator.

The original intention was for cookies to save usernames and passwords so users wouldn't have to type them in every time they visited a site.



Internet Research: An overloaded term



Internet research





Online research









Online Search for Cookies











Cookies







Improving user experience, e.g. by storing information about your credit card so the users don't have to enter it on every page they visit;

The page automatically takes the user to the paying page, the page includes all private information for the user and the user does not have to remember them or search for them





Helping to gather statistics about visitors, such as their location or device;

The visitor may check about an information or experience other users had before him.

E.g. about a place, was it difficult to approach? Which was the most easy way to go? Was it value for money?





Helping to gather analytical data, such as pageviews, session durations, and bounce rates.



Cookies What is cookie law?



The cookie law is part of the **EU privacy legislation** that regulates how cookies are used on a website.

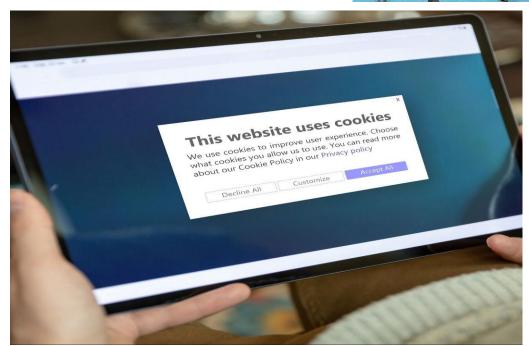
It requires websites to get prior cookie consent from users to store cookies on their devices and

Share details about cookies and their purpose to the users



Cookies What do internet cookies look like??

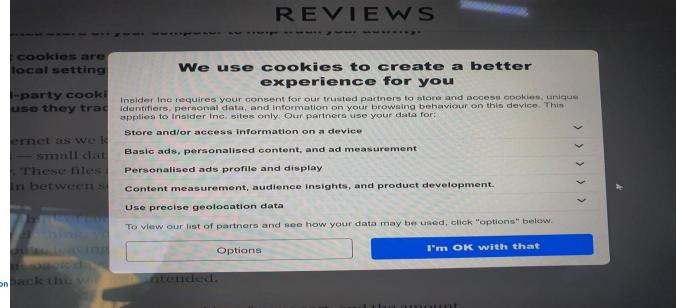






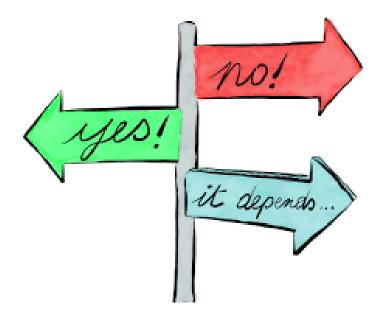
Cookies What do internet cookies look like??





Cookies Should you delete internet cookies???







Cookies Should you delete internet cookies???



PEADING LIST

Clearing will remove history, cookies and other browsing data.



Clear History and Data

CookiesFor example (1)



If you delete authentication cookies:

The website will remove the saved **login credentials** and you will have to log in next time you visit the site.



CookiesFor example (2)



If you remove cookies used for advertisements:

the site will delete your monitored activity and it will not be able to track you with advertisements unless you accept the cookies once again



CookiesFor example (3)



If you remove analytical cookies:

The site will not be able to gather data related to how you use the web pages.



Computer Crime and Fraud



Unauthorized use of computer data for personal gain

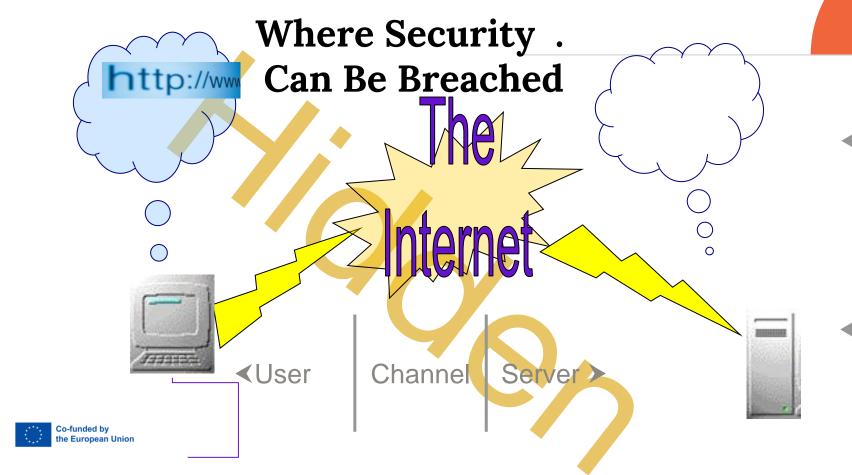


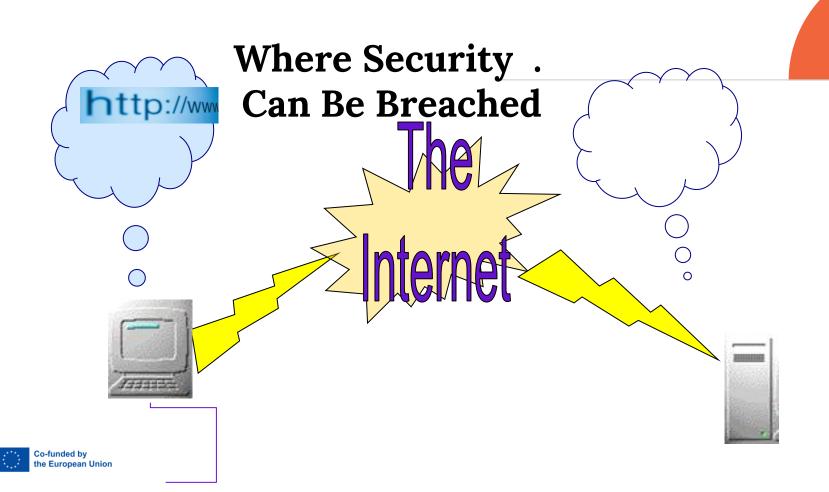
Computer Crime and Fraud (examples)



- Viruses and Malware (Writing or spreading)
- Trafficking in child pornography and intellectual property
- Stealing identities, or violating privacy ((identity, credit card)
- Software piracy
- Denial-of-service attacks
- E-mail spamming
- Stealing file







Another internet issue raised up is freedom of speech





Internet Governance







Regulation of the Internet can be based on either **national** or **international law**



Security Issues

Effective IT Security measures ensures that IT systems are used as intended



Security Issues

Minimize or prevent security risk by:

- Installing operating system updates regularly
- Using antivirus software
- Using e-mail security features



5. Internet Security



- •The protection of internet-connected systems such as hardware, software and data from cyberthreats.
- These cyberattacks are usually aimed at accessing, changing, or destroying sensitive information;
- Extorting money from users via ransomware; or interrupting normal business processes.



Importance of Internet Security

- The number of cyber users are increased rapidly,
- •Devices and programs in the modern enterprise, combined with the increased deluge of data are increase as well.
- •The "information moved around" much of which is sensitive or confidential is endless.
- •The growing volume and sophistication of cyber attackers and attack techniques compound the problem even further.
- The hacking attempts are the result of human errors in some way





Different Types of cybersecurity threats

- Phishing
- Social engineering
- Ransomware
- Malware



— Phishing





How to protect yourself from phishing?

- Always be suspicious of password reset emails.
- Password reset are used when you can't recall the password for your account.
- Not knowing your password is also the problem that cybercriminals face when trying to gain access to your online accounts.
- Fake password reset email that directs you to a look alike phishing site.
- Always visit the website directly (don't click on embedded links) and change your password.



Always note the language in the email

- Social engineering techniques are designed to take advantage of human nature.
- OPeople are more likely to make mistakes when they're in a hurry.
- OPhishing attacks commonly us. these techniques to convince their targets to click on a link.
 - Some common phishing techniques include:
 - Fake Order/Delivery
 - Business Email Compromise (BEC)
 - Fake Invoice



Never share your credentials

- Credential theft is a common goal of cyberattacks.
- •Many people reuse the same usernames and passwords across many different accounts.





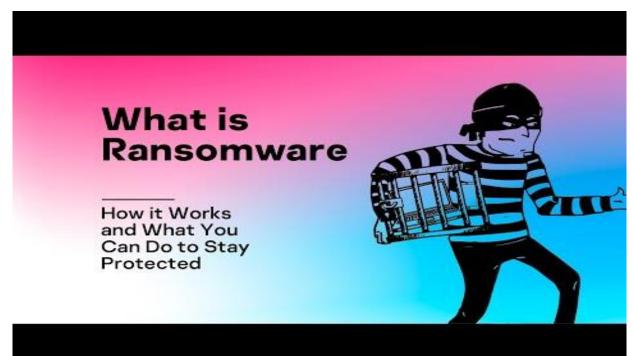
Social Engineering





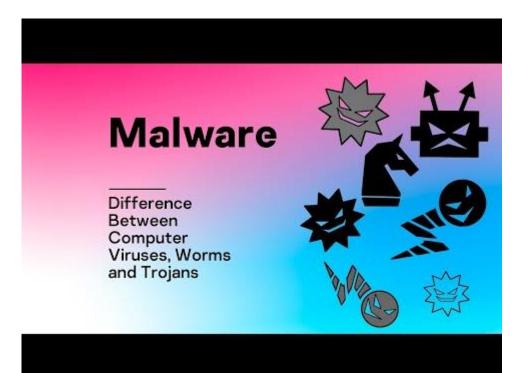


Ransomware





Malware







- Don't pick a weak password.
- Use multifactor authentication.
- If biometrics is an option, take it

Different accounts need *different* passwords







Simple steps for online security

- Consider a password manager.
- Don't share your password.
- Don't fall for phishing.
- Keep Your Software Up to Date .
 - Turn on automatic system updates for your device
- Make sure your desktop web browser uses automatic security updates
 - Keep your web browser plugins like Flash, Java updated



Backup Your Data Regularly

 Backing up your data regularly is an overlooked step in personal online security.

Avoid to Use Public Wi-Fi

OWhen possible try to use a Virtual Private Network (VPN).



File Backup



Learning activity

How can you protect yourself while vlogging?

Activity 4.6.



How can you protect yourself while vlogging?



Additional steps for VLOGGING security

- Try not to Show your Apartments -Stealing.
- Identity Security Select Alternative Names for your
 YouTube Channel.
- Pursuit Don't Reveal your Traveling Plans, If you make
 videos from your holiday create a delay of the vlog.





Additional steps for VLOGGING security

- Phishing Hide Trackable Information. è.g use dedicated software and try out the BLUR function, which makes all important details hidden.
- Hating Attacks Check all Available Information on Google about Yourself.



Additional steps for VLOGGING security



1 Badge

For concluding the module



Thank

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